

Bio: Gabrielle Neidlinger is the owner of Gabrielle Theresa Coaching. Gabrielle's mission is to inspire others to take control of their minds and become their best selves in all aspects of their lives, health, and careers. To date, Gabrielle's heart-centered approach to life and business, has provided healing, strategy, and tools to thousands of people-- helping both individuals and leaders achieve their personal and professional goals. In her past life, Gabrielle spent 8 years inside of the staffing industry working for Robert Half International, where she developed high performing teams and drove operations throughout North America. Gabrielle is a certified Reiki Master, Spin Instructor, NYS licensed Cosmetologist, and holds a Masters degree in English Literature. Gabrielle is also a certified holistic life coach, and has studied self-help with some of the top gurus in the world.